

Friday 1 September: God of my life, as the days swell, so may my heart. Help me to appreciate every moment, every mouthful, every meeting. Amen

Saturday 2 September: Lord Jesus, when you chose to become a human being you gave such dignity to the body. Show me how to treat my body with the respect it needs and deserves. Amen

Sunday 3 September: Lord God, I don't need anything dramatic: I just need something reassuring. Whisper to me that I am not alone. Amen.

Monday 4 September: Lord God, before I am exhausted from filling every last second, earning every last penny, pushing every last boundary, show me a better way. Amen.

Tuesday 5 September: Lord Jesus, you and I both know the circumstances in which I am most likely to let you down. Make me strong enough not to go where I will be tempted, make me vigilant when I have no choice. Amen.

Wednesday 6 September: Lord God, until I am sure enough to trust, until I am quiet enough to listen, until I am still enough to understand, slow me down and teach me patience. Amen.

Thursday 7 September: Lord Jesus, free me from all that holds me back in my desire to be wholly yours. Let nothing but you demand my undivided loyalty. Amen.

Friday 8 September: Lord Jesus Christ, help me to turn my home into a place of goodness, care and integrity, fit to welcome you in whenever I open the door.

Saturday 9 September: Lord God, when I need energy because of the pace of life, make me fast; when I need rest from the rush of life, hold me fast. Amen.

Sunday 10 September: Lord God, teach me when to speak and when to be silent; when to watch and when to turn away; when to try to change a situation and when to leave quietly. And so may I never be ashamed to admit that I am a Christian. Amen.

Monday 11 September: Light of the world, take my hand and lead me through life so that, in your company, I may be reminded of the goodness of goodness.

Tuesday 12 September: Lord God, You have given me your greatest treasure. What would it please you to receive from me? Amen.

Wednesday 13 September: Lord God, my right hand is yours. Before I next lift it to pray, may I hold it out to help. Amen.

Thursday 14 September: Lord God, I am bombarded by pictures that are purely worldly. But I would like to be someone who sees the world purely. Reveal yourself to me, I pray. Amen.

Friday 15 September: God of my life, teach me to make good choices - red hot in the face of opportunity; ice cool in the face of temptation. Amen.

Saturday 16 September: Lord Jesus, you are more ready to forgive than I am to confess. Heal, I pray, the damage that I have done - to those I love, to those I will never see again, and to you. Amen.

Sunday 17 September: Lord Jesus, you have saved me from the damage done to me by sin. Now save me from the damage I do to myself. Amen.

Monday 18 September: God of all my days, as I look back may I be aware of your shadow beside me at every turn. And as I look forward may I trust your light before me in every decision. Amen.

Tuesday 19 September: Lord of the journey, loosen my grip on all that might have been, so that I may not be dragged back by regret. Tighten my grasp of all that you want to lead me into, so that I may walk with you in trust and lively hope. Amen.

Wednesday 20 September: O God, let me glimpse beyond the damage to the healing, and beyond the hurting to the learning, so that nothing that happens to me will be wasted. Amen.

Thursday 21 September: Eternal God, during this holiday season, help us to let go of what might be holding us back, and face with enthusiasm the changes before us. Amen.

Friday 22 September: Dear God, let us always recognise your presence to be the greatest treasure in our lives. Amen.

Saturday 23 September: Lord, in our materialistic society, we ask that you help us avoid being jealous of those around us. Instead we ask your guidance to be generous to others and compassionate to our neighbors. Amen.

Sunday 24 September: Lord, we ask for your forgiveness for times when we may be irritated by others. Help us to recognise that they, like us, are your precious children. And give us insight into understanding that we may be a source of irritation to them. Amen.

Monday 25 September: Lord God, without you I have nothing. Accept what I offer willingly. Change my heart over what I offer unwillingly. And, in your mercy, forgive what I cannot let go of. Amen.

Tuesday 26 September: Lord God, turn my times of weakness into times of trust, so that every passing year may be one in which I rejoice in all that is good about my age. Amen.

Wednesday 27 September: Good Father, so that I may grow more and more like you, drive

away from me the fear of fear, and convince me of the goodness of goodness. Amen.

Thursday 28 September: Lord God, may the love I have for you make a difference in the way I behave. Not just once, but again and again and again and again. Amen.

Friday 29 September: Lord God, take me by surprise all over again. Let everything that is ordinary speak to me of your presence, your plan and your interest in all the details of my life. Amen.

Saturday 30 September: Lord Jesus, it is useless to ask for a life without suffering, and absurd to ask for a life with suffering. So give me neither. Instead, give me the patience, insight and power that comes from recognising you alongside me in the struggle. Amen.

St Margaret's Prayer Diary

September 2017

*Prepared by Kate Lennard-Jones' Homegroup.
Prayers taken from one of our studies:
'Detox Your Spiritual Life in 40 days'
by Peter Graystone*